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## **Infant Frenectomy- What to Expect**

### **Before Visit**

1. Fill out **NEW PATIENT** forms and bring with you to your appointment, or arrive 10 minutes early for paperwork.
2. Please plan childcare for other children so you can focus solely on your infant.
3. Ask questions *prior* to your appointment regarding fees and insurance.

### **During Visit**

1. We will bring you to our private consultation room. Our assistant will review your symptoms and chief complaint.
2. Dr. Eller will perform an oral exam and discuss whether treatment is indicated. There is ample time to answer any questions you may have.
3. Post treatment stretching exercises will be demonstrated.
4. You may choose to proceed with treatment the same day, time permitting.
5. Due to Laser Safety Guidelines ***only necessary trained personnel are allowed in the laser operatory***; your child will be away from you for about 3-5 minutes in the presence of the doctor and two assistants.
6. If you choose we can provide you with Sucrose which can help calm your baby. Laser eye shields are used on your child during the procedure. A cotton infant swaddle will be used to help limit your child's movement.
7. We ask that you nurse in our consultation room immediately following the procedure.

### **After Visit**

1. Expect baby to be a little fussy for a day or two. Your baby may salivate more than usual. If needed, over the counter pain management may be used per your pediatricians recommendations.
2. **Follow up with your lactation consultant** and other services your baby may benefit from; your breast feeding technique may require alteration since your baby has less tethered oral tissue. Follow up services with other providers may include chiropractic or craniosacral therapy.
3. Start stretching exercises the day after procedure. **3x per day for 3 weeks.**
4. Schedule a 1 week follow up with our office. We will examine healing sites and ensure stretching exercises are being done properly.
5. Please call our office if you have any questions. 406-752-1107. Thank you for allowing us to care for you and your child.